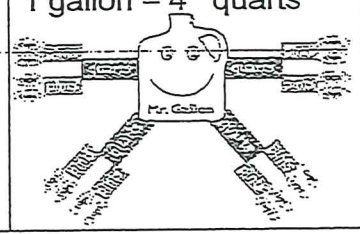


Measurement Reference Sheet

Common Customary Measurements

Length	Weight	Time	Capacity
1 foot = 12 inches 1 yard = 36 inches 1 yard = 3 feet 1 mile = 5,280 feet 1 mile = 1,760 yards	1 pound = 16 ounces 1 ton = 2,000 pounds	1 minute = 60 seconds 1 hour = 60 minutes 1 day = 24 hours 1 week = 7 days 1 year = 12 months 1 year = 365 days 1 leap year = 366 days	1 cup = 8 ounces 1 pint = 2 cups 1 quart = 2 pints 1 gallon = 4 quarts



Common Metric Measurements

Length	Weight	Capacity
1 centimeter = 10 millimeters 1 meter = 100 centimeters 1 meter = 1,000 millimeters 1 kilometer = 1,000 meters 1 meter = .001 kilometer 1 centimeter = .01 meter	1 gram = 1,000 milligrams 1 kilogram = 1,000 grams 1 gram = .001 kilograms	1 liter = 1,000 milliliters 1 kiloliter = 1,000 liters 1 liter = .001 kiloliter 1 milliliter = .001 liter

Metric Staircase

